



## PERSONAL CARE AIDE

Personal Care Aides (sometimes called Continuing Care Aides, or CCAs) work as aides and caregivers in long term care facilities, home care, and in primary care facilities. Trained Personal Care Aides provide personal care and assist in the activities of daily living for clients/patients/residents to encourage their optimal level of functioning.

**Start Dates:** March, September  
**Duration:** 10 months | 40 Weeks | 1040 course hours  
**Prerequisites:** Grade 12  
GED 12 or ABE 12  
Mature Student Admissions

### Classes

Personal Finance 314	Safe Food Handling 1016
Hands Only CPR 951	Transferring, Lifting and Repositioning 1017
Personal Competence 1001	Meal Time Assistance Training 1018
Communications & Interpersonal Skills 1002	Personal Care (Theory) 1019
Human Development & Aging 1003	Personal Care (Lab) 1020
Safety and Security 1004	Clinical Experience Home Care 1021
Environmental Care 1006	Clinical Experience Long Term Care 1022
Ongoing Conditions & Special Needs 1008	Gentle Persuasive Approaches 1023 *
Nutritional Needs 1009	Workplace Assessment Violence Education 1024 *
Career Strategies 1011	Communications in the Workplace 1237
Medical Terminology & Anatomy 1013	Purposeful Interactions for Daily Caregivers 1238
Confusion and Dementia 1014	Special Carehome Guidelines 1239

***This Employment and Training Program is offered in partnership with the Saskatchewan Health Authority***

*\*Course offered depends on campus location*

[www.sbcollege.ca](http://www.sbcollege.ca) | 1-800-679-7711 | 306.244.6333 | [admissions@sbcollege.ca](mailto:admissions@sbcollege.ca)

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